

✦ Trauma-Focused Therapy ✦

✦ Exclusive Live Consultation & Group Supervision ✦

with **Doris D'Hooghe**, a highly accomplished and renowned International Psychotraumatologist and Trainer ✦



23 Aug, 2026



9:00 AM - 5:00 PM



SVOFO Training Space, Sunway Nexis, Kota Damansara

This unique learning experience offers participants the rare opportunity to:

- witness live application of trauma-focused therapeutic principles.
- observe clinical decision-making and therapist positioning in real time.
- deepen understanding by connecting theory with live practice
- engage in guided reflection and supervision with Doris
- from theory to practice — see trauma therapy come alive.



Carpe Diem Counseling &
Consulting PLT

Agenda

9.00am-10.00am	1st live consultation
10.00am-10.30am	Tea Break
10.30am-12.30am	Group supervision
12.30pm- 1.30pm	Lunch
1.30pm- 2.30pm	2nd live consultation
2.30pm- 3.00pm	Tea Break
3.00pm- 5.00pm	Group Supervision

Trainer Profile

Doris D'Hooghe



- Director Traumacentrum België
- Psychotraumatologist
- Child Therapist
- EMDR Practitioner
- Member of the ISSTD C & A SIG Fact Sheets Committee
- Member of the ISSTD C & A Treatment Guidelines Taskforce ISSTD

Doris D'Hooghe is an esteemed Psychotraumatologist, Integrative Child Therapist, and EMDR Practitioner, with over 40 years of experience in the field of psychotherapy. Beginning her career as a psychiatric nurse, she has since become a leading figure in trauma therapy and child development.

As the founder of Trauma Center Belgium (<http://www.traumacenterbelgium.be>), D'Hooghe has been at the forefront of trauma treatment since 1990, specializing in complex trauma across all age groups, from children to the elderly. Her expertise lies particularly in understanding the profound effects of early childhood and prenatal trauma, leading her to develop innovative treatment models.

D'Hooghe's extensive training includes Gestalt Therapy, Group Therapy, Transpersonal Psychology, Integrative Child Therapy, Psychotraumatology, and EMDR. Her groundbreaking work on early childhood trauma in attachment relationships, notably the concept of "Unseen Attachment Trauma," has been widely recognized, with publications in esteemed journals and books.

D'Hooghe has contributed significantly to the field by redefining dissociation as a developmental process stemming from early attachment trauma. Her forthcoming book with Routledge: "Trauma and Attachment in the Perinatal Phase. A Developmental Model of Dissociation", delves into attachment theory, trauma, and therapeutic interventions.

Central to D'Hooghe's approach is the integration of Psychology, Neuroscience, Sociology, and Spirituality. By drawing from these diverse disciplines, she crafts a unique therapeutic approach that blends cutting-edge research with timeless wisdom. Her client-centered methodology emphasizes individuality, empowerment, and the cultivation of inner strengths.

With a firm belief in the innate capacity for healing and growth, Doris is dedicated to guiding her clients towards wholeness and authenticity. As a respected teacher and speaker, she shares her knowledge and insights nationally and internationally, offering training, workshops, and articles on trauma therapy and child development.

Trainer Profile

Doris is an esteemed member of several international professional associations, including:

- **BIP:** Belgisch Instituut voor Psychotraumatologie (Belgium Institute for Psychotraumatology)
- **WAIMH:** World Association of Infant Mental Health
- **ISSTD:** International Society for the Study of Trauma and Dissociation
- **ESTD:** European Society for Trauma and Dissociation
- **IAAN:** International Association of Applied Neuroscience
- **APPAH:** Association for Prenatal & Perinatal Psychology & Health



Publications

- D'Hooghe, D. (2017). Seeing the Unseen- Early Attachment Trauma and The Impact on Child's Development. Journal of Child and Adolescent Behavior, 05(01). <https://doi.org/10.4172/2375-4494.1000326>
- D'Hooghe, D. (2022). The Autonomic Nervous System: Brainwork. In R. Miller & E. Beeson (Eds.), In The Neuroeducation Toolbox. Practical Translations of Neuroscience in Counseling and Psychotherapy. (pp. 170–176). Cognella.
- D'Hooghe, D. (2022). Oscar's Adventures (2nd ed.). Garant.
- Author: Grandma Blob – An illustrated psychoeducational book on dissociation (Garant, 2026)
- Author: Grandma Blob-Manual (Garant, 2026)
- Author (co-author Layla Brack): Trauma and Attachment in the Perinatal Period: A Developmental Model of Dissociation (forthcoming Routledge publication 2026)
- Additional academic articles on trauma, dissociation, and developmental processes available on Academia.edu.

Presentations & Workshops (2021-2026) International

- Silent Trauma. Reconceptualizing Adaptive Responses to Caregiver Unavailability.
 - Workshop on the IAC conference at Leuven, 7-9 July 2026
- Reawakening Attachment Energy. Restoring Inner Connection and Integration in the Fragmented Self.
 - Workshop on the Healing Together Conference from 6-8 Feb 2026, Orlando
- Beyond Neglect. Unavailability as Unseen Attachment Trauma and Its Dissociative Consequences
 - Webinar at the Annual Research into Practice Conference, 18 Sep 2025
- Unseen Attachment Trauma (UAT): The Neurobiological Impact of Early Relational Unavailability and a Neuroscience-Informed Pathway to Healing
 - Workshop at the IAAN Annual Conference from 11-13 Sep 2025, Australia

Trainer Profile

Presentations & Workshops (2021-2026) International

- Trauma-focused Therapy: Model of the Self. The therapist as a tool.
 - Three-day workshop, Kuala Lumpur, Malaysia, 30-31Aug-01 Sep 2025
- Podcast System Speak
 - 16/06/2025
- The Long-Term Relational Consequences of Unseen Attachment Trauma
 - Webinar ISSTD 16/05/2025
- Moving Forward: Understanding the Causes of Invisibility and Breaking the Barriers to Visibility.
 - Workshop at the ISSTD Conference in Boston in March 2025
- Understanding Violent Behavior in Dementia: An Attachment and Trauma Theory Perspective.
 - Presentation Congress ECVCP Krakau 8 Nov 2024
- Integrative Developmental Framework for Trauma, Attachment, and Dissociation and Clinical Themes Within the Five-Model Framework Perspective
 - Presentation Congress ECVCP Krakau 8 Nov 2024
- "Unseen Attachment Trauma. A Novel Perspective on the Early Parent-child Relationship
ISSTD Child and Adolescent Webinar Day April 2024
- "Holistic Trauma and Dissociation Treatment Planner," A guide for assessing and treating developmental dissociation.
 - Workshop at the ISSTD Conference in Louisville in April 2023
- "Dissociation from the authentic self." The impact of invisible attachment trauma on dissociative reactions across multiple developmental domains.
 - Workshop at the Healing Together Conference- An Infinite Mind in Orlando, in February 2023
- "Dissociative Continuum of Sense of Self."
 - Workshop at the Healing Together Conference- An Infinite Mind in Orlando, in February 2023
- "Dissociation: A developmental model "
 - Workshop at the Healing Together Conference- An Infinite Mind in Orlando, in February 2022
- "How Peace Can be Shaped by Healing the Fragmented Self"
 - Workshop at the Online ISSTD Congress 2021
- "Safety as a Cornerstone of Trauma Therapy"
 - Two-day online Workshop in March 2021

Registration

Workshop Fees

RM500/pax

**Register
NOW!**

Fee include 2 tea breaks and lunch

**Deadline for Registration:
31 Jul 2026**

Please register via below:

Click the link below

<https://forms.gle/YcchZEM7sjnsxmie9>

Scan the code below



For Enquiries

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More Information

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Organiser



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