

INTEGRATIVE PSYCHOTRAUMATOLOGY TRAINING

Module 6:

TREATMENT MODEL

Development Model of Dissociation

An Interactive and Practical Workshop

*with Doris D'Hooghe, a highly accomplished and renowned
international Psychotraumatologist and Trainer*



DATE 21-22 Aug 2026

TIME 9.00am - 5.00pm

VENUE SVOFO Seminar
Training Meeting
Space
(Kota Damansara,
Petaling Jaya)

Learning Objective

Participants will gain an integrated understanding of the trauma-informed treatment cycle, from assessment to case conceptualization, treatment planning, intervention, and reevaluation. The workshop equips participants with practical frameworks to assess trauma within developmental and attachment contexts, construct coherent case formulations, and design individualized treatment plans. Emphasis is placed on relational competencies, therapist positioning, and the application of core therapeutic processes to support meaningful and effective clinical change.

Workshop Outline

21 Aug 2026 (Sat): 9.00-5.00pm

Day One: Assessment in the Treatment Cycle

Day One of Module 6 introduces the foundational phase of the treatment cycle: **assessment within a developmental, attachment-based, and trauma-informed framework**. Participants explore common barriers to accurate assessment, including societal invisibility, shame, fear, dissociation, attachment dynamics, and therapist-related factors such as bias and limited awareness.

The day presents a structured assessment model across three temporal dimensions: **present, past, and future**. Assessment of the **present** focuses on current concerns, daily functioning, and the role of *Transcendence*. **Past-oriented** assessment examines life history, attachment development, and trauma exposure, while **future-oriented** assessment addresses therapeutic closure and treatment direction.

Throughout the day, assessment is emphasized as a **relational process**, highlighting the therapist's role in creating safety, fostering attunement, and supporting disclosure and integration. By the end of the training, participants will be better equipped to formulate meaningful, trauma-informed assessments that guide effective treatment.

Learning Objectives:

By the end of Day One, participants will be able to:

Remember

Identify key barriers to trauma assessment, including societal, intrapersonal, dissociative, relational, and therapist-related factors

Recall the core components of the assessment framework (present, past, future)

Understand

Explain how dissociation, attachment dynamics, and relational processes influence assessment

Describe how the therapist's positioning, bias, and responses impact visibility, disclosure, and meaning-making

Understand assessment as a **relational and co-constructed process**, rather than a purely technical procedure

Apply

Use a structured assessment framework to explore present functioning, past history, and future orientation

Demonstrate relational competencies (e.g., attunement, pacing, validation) during assessment

Apply awareness of countertransference and therapist positioning in clinical interactions

Analyze

Differentiate between various types of barriers to assessment, including those emerging from the therapist

Analyze the interaction between past, present, and future dimensions in clinical material

Examine how therapist–client relational dynamics shape the assessment process

Evaluate

Critically assess the impact of dissociation, defenses, and relational dynamics on the reliability of assessment data

Evaluate one's own biases, assumptions, and emotional responses within the assessment process

Assess the quality of the therapeutic relationship as a central factor in effective assessment

Create

Construct an integrated, trauma-informed assessment formulation linking past, present, and future

Integrate relational awareness, including the therapist's role, into the assessment formulation

Develop strategies to enhance safety, trust, and openness within the assessment phase

Workshop Outline

22 Aug 2026 (Sat): 9.00-5.00pm

Day Two – Case Conceptualization/ Treatment Plan/Treatment/ Reevaluation

Abstract – Day Two: From Assessment to Treatment

Day Two of Module 6 builds upon the assessment phase by guiding participants through the transition from clinical understanding to intervention within the treatment cycle. The day begins with an overview of the full treatment cycle, including assessment, case conceptualization, treatment planning, intervention, and reevaluation, emphasizing its dynamic and iterative nature.

A central focus is placed on case conceptualization, structured in five steps: (1) inventory of traumatic events and their consequences, (2) classification of trauma-related consequences into dissociative reactions, (3) identification of inherent powers (Transcendence), (4) differentiation of trauma-related parts, and (5) the construction of a map of the self. This framework enables clinicians to organize complex trauma presentations into a coherent and clinically meaningful formulation.

The treatment planning phase translates this formulation into targeted interventions, with specific attention to trauma parts and the selection of therapeutic modalities aligned with dissociative reactions. In the treatment phase, participants are introduced to the DMD treatment approach, grounded in core principles and three central therapeutic processes: awareness, connection, and activation.

Throughout the day, clinical cases are used to bridge theory and practice, highlighting the importance of the therapeutic relationship and therapist positioning in facilitating integration and change. The day concludes with reflection and closure, reinforcing the integration of conceptualization and intervention within a relational, trauma-informed framework.

Learning Objectives – Day One: Assessment in the Treatment Cycle

By the end of Day Two, participants will be able to:

Remember

Recall the phases of the treatment cycle (assessment, case conceptualization, treatment plan, treatment, reevaluation)

Identify the five steps of case conceptualization

Recognize key components of DMD treatment (core principles and processes: awareness, connection, activation)

Understand

Explain how case conceptualization links assessment to treatment planning

Describe the relationship between dissociative reactions, trauma parts, and inherent powers (Transcendence)

Understand the rationale for selecting therapeutic modalities based on dissociative processes

Explain the role of the therapist and therapeutic relationship in facilitating change

Apply

Construct a case conceptualization using the five-step framework

Translate a conceptualization into a structured treatment plan

Apply DMD core processes (awareness, connection, activation) in clinical interventions

Use relational skills (attunement, pacing, responsiveness) in treatment practice

Analyze

Differentiate between types of dissociative reactions and their clinical implications

Analyze the interaction between trauma parts, inherent powers, and developmental history

Examine how case conceptualization informs treatment choices

Analyze therapist–client dynamics within treatment processes

Evaluate

Critically assess the coherence and clinical usefulness of a case conceptualization

Evaluate the appropriateness of selected therapeutic modalities

Reflect on the therapist's role, positioning, and countertransference in treatment

Assess treatment progress and the need for reevaluation within the treatment cycle

Create

Develop an integrated case formulation ("map of the self") linking trauma, dissociation, and Transcendence

Design a coherent, individualized treatment plan based on the formulation

Integrate relational and process-oriented interventions into treatment

Adapt interventions flexibly based on ongoing clinical feedback and reevaluation

Workshop Agenda

Day One: 21 Aug 2026 (Sat)

9.00am-10.30am	Barriers to Assessment
10.30am-11.00am	Tea Break
11.00am-12.30pm	Assessment Framework ▪ Assessing the present ✓ Actual Complaint ✓ Daily Functioning ✓ Transcendence ✓ Role playing
12.30pm-1.30pm	Lunch
1.30pm-3.00pm	Assessment Framework ▪ Assessing the past ✓ Life history ✓ Attachment history ✓ Trauma history
3.00pm-3.30pm	Tea Break
3.30pm-5.00pm	Assessment Framework ▪ Assessing the future ▪ Closure

Workshop Agenda

Day Two: 22 Aug 2026 (Sun)

9.00am-10.30am	Treatment Cycle ✓ Assessment ✓ Case conceptualization ✓ Treatment plan ✓ Treatment ✓ Re-evaluation Case conceptualization ✓ Step one: Inventory of the traumatic events and consequences ✓ Step two: Classify trauma consequences into dissociative reactions ✓ Step three: Classify inherent powers ✓ Step four: Classify trauma parts ✓ Step five: Map of the self
10.30am-11.00am	Tea Break
11.00am-12.30pm	Treatment Plan ▪ The trauma parts ▪ Therapeutic modalities according to the dissociative reactions
12.30pm-1.30pm	Lunch
1.30pm-3.00pm	Treatment ▪ DMD Treatment ✓ Core Principles ▪ Three Core Therapeutic Processes ✓ Awareness ✓ Connection ✓ Activation ▪ Cases
3.00pm-3.30pm	Tea Break
3.30pm-5.00pm	Treatment ▪ Case Discussion ▪ Closure

Trainer Profile

Doris D'Hooghe

- Director Traumacentrum België
- Psychotraumatologist
- Child Therapist
- EMDR Practitioner
- Member of the ISSTD C & A SIG Fact Sheets Committee
- Member of the ISSTD C & A Treatment Guidelines Taskforce ISSTD



Doris D'Hooghe is an esteemed Psychotraumatologist, Integrative Child Therapist, and EMDR Practitioner, with over 40 years of experience in the field of psychotherapy. Beginning her career as a psychiatric nurse, she has since become a leading figure in trauma therapy and child development.

As the founder of Trauma Center Belgium (<http://www.traumacenterbelgium.be>), D'Hooghe has been at the forefront of trauma treatment since 1990, specializing in complex trauma across all age groups, from children to the elderly. Her expertise lies particularly in understanding the profound effects of early childhood and prenatal trauma, leading her to develop innovative treatment models.

D'Hooghe's extensive training includes Gestalt Therapy, Group Therapy, Transpersonal Psychology, Integrative Child Therapy, Psychotraumatology, and EMDR. Her groundbreaking work on early childhood trauma in attachment relationships, notably the concept of "Unseen Attachment Trauma," has been widely recognized, with publications in esteemed journals and books.

D'Hooghe has contributed significantly to the field by redefining dissociation as a developmental process stemming from early attachment trauma. Her forthcoming book with Routledge: "Trauma and Attachment in the Perinatal Phase. A Developmental Model of Dissociation", delves into attachment theory, trauma, and therapeutic interventions.

Central to D'Hooghe's approach is the integration of Psychology, Neuroscience, Sociology, and Spirituality. By drawing from these diverse disciplines, she crafts a unique therapeutic approach that blends cutting-edge research with timeless wisdom. Her client-centered methodology emphasizes individuality, empowerment, and the cultivation of inner strengths.

With a firm belief in the innate capacity for healing and growth, Doris is dedicated to guiding her clients towards wholeness and authenticity. As a respected teacher and speaker, she shares her knowledge and insights nationally and internationally, offering training, workshops, and articles on trauma therapy and child development.

Trainer Profile

Doris is an esteemed member of several international professional associations, including:

- **BIP:** Belgisch Instituut voor Psychotraumatologie (Belgium Institute for Psychotraumatology)
- **WAIMH:** World Association of Infant Mental Health
- **ISSTD:** International Society for the Study of Trauma and Dissociation
- **ESTD:** European Society for Trauma and Dissociation
- **IAAN:** International Association of Applied Neuroscience
- **APPPAH:** Association for Prenatal & Perinatal Psychology & Health



Publications

- D'Hooghe, D. (2017). Seeing the Unseen- Early Attachment Trauma and The Impact on Child's Development. Journal of Child and Adolescent Behavior, 05(01). <https://doi.org/10.4172/2375-4494.1000326>
- D'Hooghe, D. (2022). The Autonomic Nervous System: Brainwork. In R. Miller & E. Beeson (Eds.), In The Neuroeducation Toolbox. Practical Translations of Neuroscience in Counseling and Psychotherapy. (pp. 170–176). Cognella.
- D'Hooghe, D. (2022). Oscar's Adventures (2nd ed.). Garant.
- Author: Grandma Blob – An illustrated psychoeducational book on dissociation (Garant, 2026)
- Author: Grandma Blob-Manual (Garant, 2026)
- Author (co-author Layla Brack): Trauma and Attachment in the Perinatal Period: A Developmental Model of Dissociation (forthcoming Routledge publication 2026)
- Additional academic articles on trauma, dissociation, and developmental processes available on Academia.edu.

Presentations & Workshops (2021-2026) International

- Silent Trauma. Reconceptualizing Adaptive Responses to Caregiver Unavailability.
 - Workshop on the IAC conference at Leuven, 7-9 July 2026
- Reawakening Attachment Energy. Restoring Inner Connection and Integration in the Fragmented Self.
 - Workshop on the Healing Together Conference from 6-8 Feb 2026, Orlando
- Beyond Neglect. Unavailability as Unseen Attachment Trauma and Its Dissociative Consequences
 - Webinar at the Annual Research into Practice Conference, 18 Sep 2025
- Unseen Attachment Trauma (UAT): The Neurobiological Impact of Early Relational Unavailability and a Neuroscience-Informed Pathway to Healing
 - Workshop at the IAAN Annual Conference from 11-13 Sep 2025, Australia

Trainer Profile

Presentations & Workshops (2021-2026) International

- Trauma-focused Therapy: Model of the Self. The therapist as a tool.
 - Three-day workshop, Kuala Lumpur, Malaysia, 30-31 Aug-01 Sep 2025
- Podcast System Speak
 - 16/06/2025
- The Long-Term Relational Consequences of Unseen Attachment Trauma
 - Webinar ISSTD 16/05/2025
- Moving Forward: Understanding the Causes of Invisibility and Breaking the Barriers to Visibility.
 - Workshop at the ISSTD Conference in Boston in March 2025
- Understanding Violent Behavior in Dementia: An Attachment and Trauma Theory Perspective.
 - Presentation Congress ECVCP Krakau 8 Nov 2024
- Integrative Developmental Framework for Trauma, Attachment, and Dissociation and Clinical Themes Within the Five-Model Framework Perspective
 - Presentation Congress ECVCP Krakau 8 Nov 2024
- "Unseen Attachment Trauma. A Novel Perspective on the Early Parent-child Relationship
ISSTD Child and Adolescent Webinar Day April 2024
- "Holistic Trauma and Dissociation Treatment Planner," A guide for assessing and treating developmental dissociation.
 - Workshop at the ISSTD Conference in Louisville in April 2023
- "Dissociation from the authentic self." The impact of invisible attachment trauma on dissociative reactions across multiple developmental domains.
 - Workshop at the Healing Together Conference- An Infinite Mind in Orlando, in February 2023
- "Dissociative Continuum of Sense of Self."
 - Workshop at the Healing Together Conference- An Infinite Mind in Orlando, in February 2023
- "Dissociation: A developmental model "
 - Workshop at the Healing Together Conference- An Infinite Mind in Orlando, in February 2022
- "How Peace Can be Shaped by Healing the Fragmented Self"
 - Workshop at the Online ISSTD Congress 2021
- "Safety as a Cornerstone of Trauma Therapy"
 - Two-day online Workshop in March 2021

Registration

Workshop Fees

For participants who
join the full
Integrative
Psychotraumatology
Certification

RM 1000/pax

**Register
NOW!**

Deadline for Registration:
30 Jun 2026

**Please contact Poh Ling for
registration**

For Enquiries

Contact Shawn or Tan Poh Ling at 012-2810045 or
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More Information

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Organiser



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